



Autumn Edition

The Foyer Flyer

October 2018

Foyer 20th Birthday Party

On the 23rd of August a party was held to celebrate the 20th anniversary of the Foyer. We would like to take this opportunity to thank all Foyer residents who participated, in helping out on the day and making it enjoyable for everyone involved. The weather on the day was pretty bad but the BBQ went down a treat!







We spoke to Joe Braniff regarding his time with the NIYF. The Youth Forum have been running the Relentless Change Programme over the last 6 months in partnership with, The Northern Ireland Housing Executive, Extern and The University of Ulster.

Why did you decide to take part in the programme?

I initially joined the course when one of the coordinators came to the Foyer to talk about the programme. I felt that the topics being covered within the course were relevant to my current circumstances and therefore I wanted to be a part of it.

What about the course surprised you?

When I was first introduced to a session on Yoga I thought the idea of it was weird and it was not something I would like, but after taking part in Yoga I felt it helped with relaxation and reducing stress.

What has the course covered over the last 6 months?

The course has covered a wide range of topics over the duration of the last 6 months. I am currently undertaking a placement with an organisations called The Participation of Practice and Rights and I am also undertaking a module entitled Civic Empowerment at the University of Ulster.

The Northern Ireland Youth Forum are now recruiting for their new programme that will start in November. The course will cover topics including Personal and Social Development, Experiential Learning Physical and Mental Wellbeing, Participation and Decision making and Education and Work Experience. The programme also offers residential experiencing and one to one mentoring to guide and support participants undertaking the programme.

If you are interested in taking part in the course please speak to your keyworker for more information.

Peace Bytes

We spoke with Josh Creelin regarding his time on the Peace Bytes project over the last 6 months. Peace Bytes is programme funded by the European Union's Peace 5 funding.

Why did you decide to take part in the programme?

I decided to take part in the programme as I had not long moved into the Foyer. I felt it would be a great opportunity for me to meet new people and gain more qualifications.

What about the course surprised you?

I think how socially interactive the course was surprised me the most. It was cross community bringing young people together from both protestant and Catholic Communities. It also gave participants the opportunity to meet people from all over Northern Ireland.

What has the course covered over the last 6 months?

The programme has covered topics such as, Personal Development, Good Relations and Peer leadership and Diversity. We have also had the opportunity to go away on residents camping and undertake activities such as water sports. As a result of my time on the programme I am now going onto volunteer for Bytes. I feel that what they do for young people is really good and it has made me want to pursue a career in youth work.

The Bytes project run a variety of different programmes for those between the ages of 14-25. Many of the courses on offer come with accredited qualifications.

If you are interested in finding out more about the work of Bytes or want to get involved in one of their many projects, please speak to your keyworker



Upcoming Events

Halloween



This Halloween there will be a party in the Houben centre. The party will begin at 12:30pm on the 31st of October. We will be leaving the Foyer at 12:15pm sharp. Food and entertainment will be provided, it is also a great opportunity to meet older residents living within the local community. Fancy Dress is optional but encouraged all the same!

Christmas



As usual we will be holding a Christmas party Mid December for all residents, with the big man himself potentially making an appearance. On Christmas Eve there will be a Buffet, hot chocolate and a movie in the common room. On both Christmas Day and Boxing Day there will be a Turkey dinner served at 3pm followed by dessert.

Foyer Trip



The opportunity of a trip was proposed at the residents meeting. Those who attended, have decided they would like to go Go-Karting. The trip will take place on a Wednesday afternoon. Further details of a date and venue will be confirmed as soon as possible, at which point a sign-up sheet will be placed at reception.

Training opportunities

Northern Ireland Youth Forum:

The youth forum are currently recruiting for the Relentless Change Project. The programme offers participants the opportunity to meet new people, build self-confidence, take part in a work based placement and undertake a module at the University of Ulster.

Ashton Centre:

The Ashton Centre are currently running a wide range of programmes, Diane who co-ordinates activities for the Foyer, will be present at the Foyer every Wednesday at 2pm, to speak to those who would like to find out more about the programme.

Stress Control:

The Belfast Health and Social Care Trust are offering a free 6 week stress management course, starting the first week of November. If you would like to attend the programme please speak with your keyworker who will provide more details.

Cooking Programme:

Unfortunately the cooking programme has not been functional for the last number of weeks due to other commitments. From, the 25th of October the cooking programme will be back up and running. If you would like to take part in this please speak to Eamonn.

Duke of Edinburgh Award:

We are now ready to begin preparations for those wishing to undertake the Duke of Edinburgh. As this is the first time the programme is being run we will be starting with the Bronze award. If you are interested in taking part in the programme please speak to Stephanie